

HANDOUT

Class I Handout New Parent's Questionnaire

1. What do you hope to get from this program?
2. Do you recall any experiences you had as a child that you hope your child does not have to go through? What were they and how did they affect you?
3. Would you say that your parents were strict? Permissive? Affectionate and warm? More intellectual than expressive of emotions? Overprotective? Creative in teaching you about the world?
4. What do you think your parents offered you that has been most valuable to you in your adult life?
5. What fault or weakness did you dislike most in your parent or parents?
6. Have you decided do things differently than your parents did? Rules? Family traditions? Routines that you want to do differently?
7. Did your parents share child-rearing functions or was the responsibility primarily on your mother? Your father? On another member of the family?
8. How do you envision your child's (children's) future? What kind of people do you hope they will become as adult?